



Clients and Patients Say...

"We were very pleased that Firststat was able to partner with Hospice to help our loved one stay in his own home. The care and compassion the staff showed to our entire family helped to make those days less stressful."

Family member in St. Paul, MN

"Recently I was advised by two persons from the medical community to wear compression stockings. For those of you who know, these are very difficult to put on. I was not able to do it myself. What to do? Firststat to the rescue! For many weeks now an aide from Firststat has come to my home each morning and helped me to put on my stockings."

Resident in Golden Valley, MN

"The communication between our employees and the Firststat employees is very strong, which has allowed us to provide the best care and quality of life for our Tenants. I have and will continue to recommend Firststat Home Care Services to any one that inquires. I am confident that Firststat services will provide clients the best opportunity for maintaining and improving their independent lives as they age."

Director of Home Care in St. Paul, MN

Firststat allows our residents to age in place. Thank you!

Housing Manager in White Bear Lake, MN

Firststat[®]

Your Choice for Home Health Care.



Firststat Services

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Social Services
- CNAs
- HHAs
- Homemakers
- Companions

Services and Payor sources may vary according to location.



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Who Is Firstat?

Firstat is a Medicare Certified, Class A Licensed Home Health Agency serving the Twin Cities and Metropolitan area in Minnesota.

We are a family operated company dedicated to our community and to those that we service: the frail, disabled, sick and the aged.

Providing quality care is our priority and we achieve this goal by hiring only qualified and dedicated health care professionals.

Our Staff work together as a Compassionate Team. Prior to being hired, each professional is interviewed by our Registered Nurse Administrator or the Registered Nurse Director of nursing. Your care will be managed by a Licensed Medical Professional.

Firstat offers many programs to assist you with your every day needs and challenges to live fully and comfortably in your familiar surroundings with the Respect, Dedication and Privacy that you deserve. Several of our most noted programs are: CHF, COPD, Diabetes, Wound Vac and Ostomy Care; just to name a few. We encourage you to contact our office if you have any questions about our extensive services.

To provide Holistic Quality Care with a focus on the needs of the "Individual" as a means to achieve optimal health in a Home Setting.



Why Choose Firstat?

Our holistic approach to home care takes into account the physical, mental and social conditions that may affect an individual from reaching their optimal state of health.

- Case Management to ensure quality care.
- We develop a plan of care tailored according to the needs of the "Individual".
- Patients are supervised by a dedicated Registered Nurse.
- Phones are answered by a professional 24 hours/day, 7 days a week.
- References and work history are confirmed.
- Finger print verification to ensure that you receive safe care.

FAQ's

Q Who pays for Home Health Services?

A Cost maybe covered by Medicare, Medicaid, VA and various insurances, as well as Private/Self Pay. We are more than happy to meet with potential patients and/or their families ahead of time to assess if home health care is the appropriate solution to your needs.

Q Does Medicare cover Home Care Services?

A Yes, however patients under this plan must present with a medical need that requires the skills of a licensed professional. The patient will need to be considered homebound. Contact Firstat and we can evaluate your needs and determine if Medicare will cover the services that you require.

Q Who handles the payroll and taxes?

A Because our professional staff are documented as our employees, Firstat handles payroll, taxes and workers' compensation. This eliminates the concern about receiving unusual or unexpected costs.

